

National United Methodist Church



HERE'S WHAT'S UP!

MAY

4 - GREAT DAY OF SERVICE
1-3 PM, Metropoliltan

19 - REV ROBINSON-JOHNSON'S LAST SUNDAY PREACHING 9 and 11 AM worship, Metropoliltan

25 - JAZZ@WESLEY: THE RICK ALBERICO JAZZ PROJECT

6:30-8:30 PM, Wesley

JUNE

24-28 - VACATION BIBLE SCHOOL

Metropoliltan campus

Metropolitan Memorial campus: 3401 Nebraska Ave NW, Washington, DC 20016

Wesley campus: 5312 Connecticut Ave NW, Washington, DC 20015

Phone: 202-363-4900 Email: MetroUMW@gmail.com

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Reflections

by Leonard Ravenhill

The Holy Spirit as the Spirit of Power helpeth our infirmity in prayer.

The Holy Spirit as the Spirit of Life ends our deadness in prayer.

The Holy Spirit as the Spirit of Wisdom delivers us from ignorance in this holy art of prayer.

The Holy Spirit as the Spirit of Fire delivers us from coldness in prayer.

The Holy Spirit as the Spirit of Might comes to our aid in our weakness as we pray.



Great Day of Service May 4

With a Food Drive

Saturday, May 4, 1 PM - 3 PM
Great Hall, Metropolitan Memorial campus

Note: the luncheon has been canceled. We will start working at 1 PM.

The UMW will hold its annual Great Day of Service on Saturday, May 4, from 1:00 to 3:00 PM in the Great Hall at the Metropolitan Campus.

We will engage in projects to help those in need in our community and beyond. Projects will support groups such as The TraRon Center, Wendt Center Grief Camp, Project Transformation, Educare, Ballet Elite, KenAid, and Impact Fellowship.

This is a church-wide event and we hope to see members of our congregation of all ages come together for this time of Continued from page 3



fellowship and action.

You should have received a signup genius invitation in your email with some specific opportunities, but you can also just come on May 4 and help out. In the meantime, please begin gathering the following to help those in need in our community.

Food Drive: We will have a food drive as part of the Great Day of Service. Hold onto your canned goods and foods in plastic containers. No glass or expired foods please. There is a special need for peanut butter, jelly, and canned meats such as tuna fish.

Tee Shirts and Old Towels: Please hold onto old tee shirts and old towels to bring along on May 4 as part of a project to make dog toys for a local shelter.

Toiletry Items for
AsylumWorks: AsylumWorks
has created a community co-op
to serve a wide range of needs
for its clients. We will be
focusing our collection on the
following items and would
appreciate your help:

- Gentle face cleansers
- Chapstick
- BPA-free water bottles
- Journals/spiral notebooks
- Deodorant
- Face lotion/skincare and body lotion
- Dishwashing liquid
- Vegetable cooking oil
- Jersey hijabs/ hijab pins/ under scarf hat or hijab cap
- Baby wipes

Signup Genius link

Questions? Contact
Beth McConnell at
LSHEARL@AOL.COM

Special recognition honoree: Richard Tilley

by Courtney Leatherman

Presentations for the final honoree from the January 13, 2024
Recognition Brunch - Dana Lehmer - will be included in an upcoming issue. The presentations for Joan Gordon and Lois Weaver were included in the March and April newsletters.

Every now and then, a MAN comes along who is so supportive of UMW members and our mission that we are compelled to recognize him.

Today, I'm privileged to recognize Richard Tilley.

Like any good church lady, Richard knows how to get things done.

As a life-long member of National UMC, Richard is our de facto historian. He knows who gave money to fix the roof, the stained glass, and everything else and he helps ensure the money is spent as the donors intended.



Honoree Richard Tilley with Courtney Leatherman

As a Scout leader, for years he has wrangled his youth to dismantle the UMW Bazaar and Book Sale at lightning speed. A huge gift at the end of exhausting events.

And as a trustee, Richard plays critical roles in the church's forward progress: He worked Continued from page 6

behind the scenes to help
Campus Kitchen buy that new
van, he shepherded fellow
trustees to make the current
tree-planting efforts on all three
campuses a reality. And he works
tirelessly to get long-time church
members functioning key fobs so
they can enter their church
buildings.

Parishioners describe Richard as loyal and dedicated to National UMC. He is also indefatigable.

Richard, thank you for your ongoing persistence on behalf of our church and the UMW. God speed the plow.





May is National Mental Health Awareness Month

See other monthly health awareness topics at the BWC's <u>Abundant Health</u> <u>website</u>.

From the NIH, National Institute of Mental Health

Get Tips and Resources To Help Take Care of Your Mental Health!

During National Mental Health Awareness Month in May and every month of the year, your mental health matters.

Get <u>tips and resources</u> from the National Institute of Mental Health (NIMH) to learn how to take care of your mental health.

If you are looking for ways to raise awareness about mental health in your community, you can use these <u>digital shareable</u> resources to spread the word. We encourage you to use the hashtag #shareNIMH in your social media posts to connect with people and organizations with similar goals.

Arts Council of NUMC presents

Show opening Sunday, May 19 from 12:30 PM - 2:30 PM On exhibit through June 26, 2024

Great Hall, Metropolitan Memorial campus

Pigments of the Imagination:
Paintings

Maria-Victoria Checa, artist





The Rick Alberico Jazz Project

Saturday, May 25 from 6:30 - 8:30 PM Sanctuary, Wesley campus 5312 Connecticut Avenue, NW

Audience-favorite Rick Alberico and his merry band of players are returning to Jazz@Wesley. The Rick Alberico Jazz Project performs straight-ahead jazz featuring a dynamic blend of bebop, blues, ballads, and original compositions. Rick is known for expressing the call of his soul through his horn, and — with his Jazz project — he brings together an amazing selection of top musicians.



come with a salad, rice, and

beverage. A la carte items available.

nationalchurch.org/jazz



Celebrating Rev. Dr. Arlester Brown's 100th Birthday, April 7





TraRon Center camp fundraising

Be a Camp Champ!



Donate to send kids of the TraRon Center to West River Camp this summer. Your donation will help these gun violence survivors spend a week in the woods.

Scan here:



Or visit the Donate tab on the church website: www.nationalchurch.org

Help us declare Vic-Tree! Give so we can make our \$10,000 goal!

Circles

- **AU** Contact women@aumethodists.org
 - Contact Rita Guenther, ritaguenther@yahoo.com; Paula Pree, 1 iamasong@aol.com
 - 2 Contact Jeri Weaver, jerilyn.weaver@gmail.com
 - 6 Contact Ann Michel, amichel@wesleyseminary.edu
 - Contact Ellie Dawson, elizabeth.b.dawson@gmail.com, or Cindy Stanton, cindy.stanton@hotmail.com
 - 8 Contact Dana Lehmer, danaklehmer@gmail.com
 - Circle 9 will meet on Wednesday, May 1 at 11:30 a.m. for lunch at Asbury 9 Methodist Village. Please contact Bobby Turnbull, bobbyturnbull@comcast.net
- Contact Jeanie Mah, msjcmyu1@gmail.com, or Jan Bufkin,
- 10 jbufkin@gmail.com, if you are not on the Circle 10 email list and would like to be added!

Newsletter prepared by Alexandra McPherron. The next newsletter deadline will be Sunday, May 26. To add items to the next newsletter, email alexmcph@gmail.com