



\* Standing as you are able

**PRELUDE**

*Come on in this House*

**WELCOME**

Rev. Doug Robinson-Johnson

Please sign the Welcome Card found near hymnals in front of each pew. These will be received by an usher during the offering at the close of the service.

**\*SONG of PRAISE**

*Couldn't Hear Nobody Pray*

Wesley Choir

**\*OPENING PRAYER**

Paula Pree

**\*PASSING the PEACE**

**BIBLE LESSON**

Mark 8:31-38

Kerfye Robinson

**SERMON**

*Heroic Hearts*

Rev. Doug Robinson-Johnson

**INVITATION to DISCIPLESHIP**

**HOLY COMMUNION**

*For Everyone Born*

For Everyone Born hymnal

**Our Father who art in heaven, hallowed be thy name,  
thy kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread; and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil,  
for thine is the kingdom, and the power and the glory forever.  
Amen.**

**CHILDREN'S MESSAGE**

**CALL TO OFFERING**

Rev. Dr. Rachel Livingston

We support the life of this church with our prayers, presence, gifts, service and witness. Ushers will receive our welcome cards, prayer requests, and financial gifts at this time. Online gifts may be shared using this QR code.



OFFERTORY

Michael Thomas, Trumpet

\*DOXOLOGY

UMH 95

\*DEDICATING OUR GIFTS to MINISTRY

**Work through us and our gifts, Lord, so that what comes to us as seed goes forth as flower, and what comes to us as flower, goes forth as fruit.**

\*CLOSING SONG

*I Got A New Name*

Insert

BLESSING

Rev. Doug Robinson-Johnson

ANNOUNCEMENTS



### **Lenten Study: *A Sacred Voice Is Calling***

This Lent, we will consider the ways God calls us, what God calls us to do, and who God calls us to be. Calling is not just about a job or a mission, it is also about discovering our true selves. Using John Neafsey's book, *A Sacred Voice is Calling: Personal Vocation and Social Conscience* as a starting point, we will look at how God is calling every one of us – each unique, authentic self. The weekly meetings will be a time of prayer, meditation, gentle discussion, and listening for God's voice among us. You may participate Thursdays on-line or Sunday mornings in-person at 10AM in the Library at the Metropolitan Memorial Campus.

Thursdays, 7-8 PM, on Zoom.

Meeting ID: 840 6006 3996

Upcoming sessions:

Feb. 29 - Mar. 3 - Vision: The Quest for a Worthy Dream

Mar. 7 - 10 - Suffering: The Call of the Wounded Healer

Mar. 14 - 17 - Conscience: The Morality of the Heart

Mar. 21 - 24 - Social Conscience: Awakening from the Sleep of Inhumanity

You are not required to read the book to participate, but you may find it meaningful. Copies of the book are available in the office at the Metropolitan Memorial campus and on the back table at the Wesley campus. If you need a copy of the book mailed to you, please send a note to [communications@nationalchurch.org](mailto:communications@nationalchurch.org)



### **Nurturing One Another: A Time of Reflection, Fellowship and Conversation**

**Sunday, March 3 | from 3-5 p.m | Great Hall of the Metropolitan Memorial campus**

Join us on Sunday to discuss ways we can meet the needs of our congregation and broader community as we form a new Nurture Team.

This will be an invitation to share joys, concerns, and ideas about innovative ways to strengthen our connections and deepen our faith. We'll talk about ways to enhance our traditional community events, as well as brainstorm on new activities to care for and energize our church family.

Come with suggestions or just to listen. The event is open to all.



### **32<sup>nd</sup> Annual Sing Out for Shelter Concert**

**Saturday, March 9 | 7:30 pm | at NUMC, Metropolitan Memorial Sanctuary**

Once again, National UMC has the honor of hosting the Annual Sing Out for Shelter benefit concert.

Over the years this event has raised more than \$400,000 to support Friendship Place, Christ House, and the work of our St. Luke's Mission Center.

The year's concert will feature

*a cappella* performances by The Augmented Eight, Yale University's Whim'n Rhythm, and the Maret School's Gracenotes.

Tickets can be purchased online using the QR code or at the door.

**General admission is \$30.**



Couldn't Hear Nobody Pray – Key of A

CHORUS

Lord I couldn't hear nobody pray,  
And I couldn't hear nobody pray,  
Way down yonder by myself,  
And I couldn't hear nobody pray.

CHORUS

VERSE

In the valley,  
Couldn't hear nobody pray,  
On my knees,  
Couldn't hear nobody pray,  
With my burden,  
Couldn't hear nobody pray,  
And my Savior,  
Couldn't hear nobody pray,  
O my Lord!

CHORUS

VERSE

Chilly waters,  
Couldn't hear nobody pray,  
In the Jordan,  
Couldn't hear nobody pray,  
Crossing over,  
Couldn't hear nobody pray,  
Into Canaan,  
Couldn't hear nobody pray,  
O my Lord!

CHORUS

VERSE

Hallelujah!  
Couldn't hear nobody pray,  
Troubles over,  
Couldn't hear nobody pray,  
In the Kingdom  
Couldn't hear nobody pray,  
With my Jesus,  
Couldn't hear nobody pray,  
O my Lord!

CHORUS – Acapella

CHORUS

I've Got a New Name — Key of G

I've got a new home... over in Zion  
and it's mine, mine, all mine.

REPEAT

I've got a new name... over in  
Zion, and it's mine, mine, all mine.

REPEAT

I've got a new shout... over in  
Zion, and it's mine, mine, all mine.

REPEAT

I've got a new song... over in Zion,  
and it's mine, mine, all mine.

REPEAT

Instrumental Solo