* Standing as you are able

PRELUDE	Let's Sing Unto The Lord	UMH 149
WELCOME		Rev. Dr. Rachel Livingston
*SONG of PRAISE	Lift Every Voice and Sing	UMH 519
*OPENING PRAYER		Paula Pree
*PASSING the PEACE		
BIBLE LESSON	Psalm 147:1-11, 20 Mark 1:29-39	Laura Harper Powell
SERMON		Rev. Dr. Rachel Livingston
INVITATION to DISCIPLESHI	IP	
HOLY COMMUNION	Let Us Break Bread Together	UMH 618
CHILDREN'S MESSAGE		Rev. Dr. Rachel Livingston
CALL TO OFFERING	Rita	a Guenther
and witness. Ushers	of this church with our prayers, presence, gif s will receive our welcome cards, prayer requ s time. Online gifts may be shared using this	ests, and
OFFERTORY	Precious Lord, Take My Hand	UMH 474
*DOXOLOGY		UMH 95
DEDICATING OUR GIFTS to MINISTRY		Laura Harper Powell
	is and our gifts, Lord, so that what comes to ver, and what comes to us as flower, goes f	0
*CLOSING SONG	What A Beautiful Name	INSERT
BLESSING	Rev. Dr. Rachel Livingston	
ANNOUNCEMENTS		Paula Pree



Charge Conference - Monday, February 5, 2024

ONLINE, 7 pm

NUMC Members will gather online to offer final review, adoption, and dedication of our budget and leadership. All members have voice, however vote is extended only to those who were approved January 30, 2024 as Church Council Members.

https://us06web.zoom.us/j/82788439511

Meeting ID: 827 8843 9511

There is still time to make your financial pledge to National UMC. Use the QR code to get started.

Please remain in prayer for the stewardship of our ministry resources of time, talent, and treasure this week.



NEW Wesley Campus Bible Study – Liberating Faith January 14 - February 11 | 5 pm Sundays Community Room, Wesley Campus

This new Bible study class helps us find the liberating message of our scriptures. Each lesson includes a Bible passage, a modern-day case study, and life application. Using materials from the African Methodist Episcopal Church, Liberating Faith brings forward the voices of Christians of African descent. For more information, contact Tanner Carlson at **tannerc9@gmail.com**



Winter Study—Incompatible: How the Church Cast Out LGBTQ Christians and Where We Go Next, by Charlie Baber

Wednesdays, 7-8 PM

In the lead-up to General Conference 2024, NUMC will be exploring the origins of the current struggle over LGBTQ inclusion in the United Methodist Church. You are invited to a three-week study of *Incompatible*, a very United Methodist graphic novel (comic book, but serious history) that examines the history of Christian belief and practices around human sexuality.

Facilitated by Rev. Janet Craswell and Angela Pupino

On Zoom at ID: 839 5022 4224, Passcode: 1inChrist.

2/7: An Open Table (Moving Towards a Methodist Theology of the Whole Body of Christ)

Shrove Tuesday Pancake Dinner

On **Tuesday, February 13th, 2024, from 6-7:30 pm**, NUMC will celebrate Shrove Tuesday with a Shrove Tuesday Pancake Dinner at the Vestry in the Metropolitan Memorial Campus. We are inviting people of all ages to help with preparing, cooking, serving, and enjoying this meal! Sign up to help at National United Methodist Church: Shrove Tuesday Pancake Dinner Volunteer Signup 2024 using the QR code below.



Everyone is invited to come for pancakes. Invite your friends and neighbors too!

NATIONAL UNITED METHODIST CHURCH

Wesley Campus 5312 Connecticut Avenue, NW Washington, D.C.

February 4 at 11:00 AM

Making the Love of God Obvious



The Threads in My Hand – by Howard Thurman

Only one end of the threads, I hold in my hand.

The threads go many ways, linking my life with other lives. One thread comes from a life that is sick; it is taut with anguish and always there is the lurking fear that the life will snap. I hold it tenderly. I must not let it go...

One thread comes from a high-flying kite; it quivers with the mighty current of fierce and holy dreaming invading the common day with far-off places and visions bright...

One thread comes from the failing hands of an old, old friend. Hardly aware am I of the moment when the tight line slackened and there was nothing at all — nothing... One thread is but a tangled mass that won't come right; Mistakes, false starts; lost battles, angry words – a tangled mass; I have tried so hard, but it won't come right...

One thread is a strange thread – it is my steadying thread; When I am lost, I pull it hard and find my way. When I am saddened, I tighten my grip and gladness glides along its quivering path;

When the waste places of my spirit appear in arid confusion, the thread becomes a channel of newness of life. One thread is a strange thread – it is my steadying thread.

God's hand holds the other end...

Our Commitment

We celebrate God's gift of diversity and value the wholeness made possible in community equally shared and shepherded by all. We welcome and affirm people of every gender identity, gender expression, and sexual orientation, who are also of every age, race, ethnicity, physical and mental ability, level of education, and family structure, and of every economic, immigration, marital, and social status, and so much more. We acknowledge that we live in a world of profound social, economic, and political inequities. As followers of Jesus, we commit ourselves to the pursuit of justice and pledge to stand in solidarity with all who are marginalized and oppressed.



An Invitation

As faith awakens in you and you seek to deepen your discipleship of Jesus Christ, we invite you to become a member of National United Methodist Church. Indicate your interest in membership on the welcome cards today and our Minister of Discipleship will extend an invitation to upcoming orientations and then an introduction to the faith community.

www.nationalchurch.org | (202) 363-4900 | communications@nationalchurch.org Wi-Fi Password: Welcome!